



THIS MENU FAXED TO YOU FROM: \_\_\_\_\_  
Restaurant Phone No.

## Famous Pancake Flavors

### \*Pancake Combo

Your choice of two same-flavored Famous Pancakes. Served with two eggs, hash browns and your choice of two bacon strips or two pork sausage links. Choose from any of our Famous Pancake flavors below.

- Original Buttermilk
- Strawberry
- Strawberry Banana
- New York Cheesecake
- Double Blueberry
- Cinnamon Apple
- Chocolate Chip
- Harvest Grain 'N Nut®

### Original Buttermilk Pancakes

Five award-winning buttermilk pancakes with authentic country flavor.

### NEW! New York Cheesecake Pancakes

Four fluffy buttermilk pancakes loaded with creamy, rich cheesecake pieces and crowned with cool strawberry topping, powdered sugar and whipped topping.

### Double Blueberry Pancakes

Four buttermilk pancakes filled with blueberries, topped with warm blueberry compote and whipped topping.

### Strawberry Banana Pancakes

Four pancakes filled with slices of fresh banana and crowned with cool strawberry topping, more bananas and whipped topping.

### Chocolate Chip Pancakes

Four rich, chocolate batter pancakes filled with chocolate chips and topped with powdered sugar and whipped topping.

### Harvest Grain 'N Nut® Pancakes

Four pancakes made with hearty grains, wholesome oats, almonds and English walnuts. *With warm blueberry or cinnamon apple compote and whipped topping.*

Sugar-free syrup available upon request.

## Omelettes

Our hearty omelettes are made with a splash of our famous buttermilk and wheat pancake batter for extra fluffiness and are served with three buttermilk pancakes or fresh fruit. Substitute other Famous Pancake flavors for an additional.

### Hearty Ham & Cheese Omelette

Stuffed with diced ham, a rich cheese sauce and Jack and Cheddar cheeses.

### Chicken Fajita Omelette

Seasoned chicken, onions, green peppers, salsa and a blend of cheeses. Topped with sour cream.

### Spinach & Mushroom Omelette

Fresh spinach, mushrooms, onions and Swiss cheese rolled in a fluffy omelette. Topped with rich hollandaise and diced tomatoes.

### Big Steak Omelette

Tender strips of steak, hash browns, green peppers, onions, mushrooms, tomatoes and Cheddar cheese. Served with salsa.

### Garden Omelette

An abundance of fresh green peppers, mushrooms, onions, tomatoes and Cheddar cheese.

### Colorado Omelette

A meat lover's delight. Bacon, pork sausage, shredded beef, ham, onions, green peppers and Cheddar cheese. Served with salsa.

### Country Omelette

A delicious blend of ham, cheese, onions and hash browns. Topped with sour cream.

### Bacon Temptation Omelette

Loaded with six strips of crispy bacon, a rich cheese sauce, Jack and Cheddar cheeses and diced tomatoes.

## Signature Favorites

### \*Breakfast Sampler

Two eggs, two bacon strips, two pork sausage links, two pieces of ham, hash browns and two fluffy buttermilk pancakes.

### \*Rooty Tooty Fresh 'N Fruity®

Two eggs, two bacon strips, two pork sausage links and two buttermilk pancakes crowned with cool strawberry topping, warm blueberry or cinnamon apple compote and whipped topping.

### \*T-Bone Steak & Eggs

A mouthwatering, USDA Select steak served with three eggs and three buttermilk pancakes.

### \*Thick-Cut Bone-In Ham & Eggs

A 10-oz. hickory-smoked ham steak served with two eggs, hash browns and two fluffy buttermilk pancakes.

### \*Split Decision Breakfast

A hearty combination of two eggs, two crispy bacon strips, two pork sausage links, two triangles of French toast and two buttermilk pancakes.

### \*"Big" Country (or Chicken) Fried Steak & Eggs

A giant 12-oz. fried beef steak smothered in country gravy. Served with three eggs and three fluffy buttermilk pancakes.

## Create Your Own Omelette

Begin with our hearty omelette and your choice of cheese.

Then add your favorite ingredients.

- Bacon
- Ham
- Pork Sausage
- Mushrooms
- Green Peppers and Onions
- Extra Cheese
- Tomatoes
- Oven-Roasted Tomatoes
- Spinach

Egg substitute available upon request.

Turkey bacon available upon request.

## French Toast & Waffles

### \*Viva La French Toast Combo

Our popular favorite! Four fluffy French toast triangles with two eggs and your choice of two crispy bacon strips or two pork sausage links.

### French Toast

Six fluffy triangle-shaped slices, dusted with powdered sugar.

### Belgian Waffle

A light and crispy delight. *Crowned with cool strawberry topping or your choice of fruit compote and whipped topping.*

### \*Stuffed French Toast Combo

Cinnamon raisin French toast stuffed with sweet cream cheese filling, with cool strawberry topping or your choice of fruit compote and whipped topping. Served with two eggs, hash browns, two bacon strips or two pork sausage links.

### Strawberry Banana French Toast

Six French toast triangles with cool strawberry topping, fresh banana slices and whipped topping.

## International Crepes

### Nutella® Crepes

Three egg batter crepes filled with "the original creamy, chocolate hazelnut spread"™ Nutella® and fresh banana, topped with cool strawberry topping and whipped topping.

### Danish Fruit Crepes

Two delicious crepes filled with an authentic Danish combination of real fruit compote and rich sweet cream cheese. Choose from cool strawberry topping, warm blueberry or cinnamon apple compote.

### Swedish Crepes

Four delicate crepes with lingonberries and lingonberry butter.

### \*International Crepe Passport

Two eggs, two crispy bacon strips, two pork sausage links and your choice of a Danish fruit crepe or two Nutella®, German or Swedish crepes.

### Chicken Florentine Crepes

Chicken breast strips sautéed with fresh spinach, mushrooms and onions in light seasonings. Rolled inside two delicate crepes with Swiss cheese and topped with rich hollandaise.

### Garden Stuffed Crepes

Two crepes stuffed with Swiss cheese and eggs scrambled with fresh spinach, mushrooms and onions. Topped with rich hollandaise and diced tomatoes.

## Classic Combos

### \*Three Eggs & Pancakes

Three eggs served with three fluffy buttermilk pancakes.

With your choice of:

- Turkey Bacon
- Pork Sausage Links
- Bacon Strips

### \*Two x Two x Two

Two eggs with two buttermilk pancakes and two crispy bacon strips or two savory pork sausage links.

### \*Quick Two-Egg Breakfast

Two eggs, two crispy bacon strips or two savory pork sausage links, plus hash browns and toast.

### \*Sirloin Tips & Eggs

Grilled, tender, sweet and savory USDA Select sirloin tips with grilled onions and mushrooms. Served with two eggs, hash browns and two buttermilk pancakes.

### \*Smokehouse Combo

Two smoked sausage links served with two eggs, hash browns and two buttermilk pancakes.

### Pancake Platter

Three award-winning buttermilk pancakes with your choice of four savory pork sausage links or four crispy bacon strips.

## Burgers & Sandwiches

Served with your choice of seasoned fries, onion rings or fresh fruit and a dill pickle spear. Most burgers are served with lettuce, tomato, red onion and mayonnaise on a Romano-Parmesan bun.

### Cheeseburger

A thick, juicy burger with your choice of cheese.

### Bacon Cheeseburger

A juicy burger with Cheddar cheese and crispy bacon.

### \*Bacon & Egg Cheeseburger

A thick and juicy burger topped with Cheddar cheese, crispy bacon and one egg over medium.

### Monster Cheeseburger

Two thick burger patties smothered in American and Provolone cheeses.

### Tuscan Chicken Griller

A juicy, grilled chicken breast with melted Provolone cheese, oven roasted tomatoes, lettuce and sun-dried tomato pesto on a grilled Romano-Parmesan bun.

### Double BLT

A great double-decker with six strips of bacon, lettuce, tomato and mayonnaise on white toast.

### NEW! Pot Roast Melt

Tender slow-cooked USDA Choice beef pot roast with caramelized onions in a rich beef gravy on grilled sourdough bread with melted Swiss and American cheeses.

### Ham & Egg Melt

Grilled sourdough bread stuffed with ham, scrambled eggs, Swiss and American cheeses.

### Philly Cheese Steak Super Stacker

Grilled Philly steak and onions topped with melted American cheese and mayonnaise on a grilled Romano-Parmesan roll.

## Baskets & Bites

### Appetizer Sampler

All our favorites. Monster Mozza Sticks, Onion Rings and Crispy Chicken Strips. Served with honey mustard and marinara sauces.

### Monster Mozza Sticks

Five extra thick Mozzarella cheese sticks coated with Italian bread crumbs and fried crisp. Served with marinara sauce.

### Onion Rings Basket

Big and golden brown.

### Crispy Chicken Strips & Fries

All white meat chicken strips, breaded and crispy-fried. Served with seasoned fries, garlic bread and honey mustard dipping sauce.

Call in...



Carry out.

\*NOTICE: ITEMS MARKED WITH AN \* MAY BE COOKED TO ORDER. CONSUMING RAW OR UNDERCOOKED MEAT OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.

Come hungry. **IHOP** Leave happy.®



## Soups & Bountiful Salads

### Today's Soup (Bowl)

#### Small House Salad

Served with your choice of salad dressing:

- Buttermilk Ranch
- Blue Cheese
- Creamy Caesar
- Balsamic Vinaigrette
- Honey Mustard
- Reduced-Fat Italian

### Crispy Chicken Salad

Garden greens topped with diced crispy-fried chicken, tomatoes, crispy bacon, Jack and Cheddar cheeses and a hard boiled egg. Tossed with honey mustard dressing and served with garlic bread.  
*Also available with grilled chicken.*

### Grilled Chicken Caesar Salad

Grilled chicken breast served on romaine lettuce with Parmesan cheese and croutons, tossed in our Caesar dressing. Served with garlic bread.  
*Without chicken.*

### Chicken & Spinach Salad

Fresh spinach tossed with balsamic vinaigrette. Topped with crispy-fried chicken, bacon, a hard boiled egg, diced tomatoes and Cheddar cheese. Served with garlic bread.

## Hearty Dinner Favorites

Available anytime.

### NEW! French Onion Pot Roast

USDA Choice beef slow cooked with caramelized onions in a rich beef gravy. Served with mashed potatoes, buttered corn and garlic bread.

### \*T-Bone Steak

A big, juicy USDA Select steak, cooked just the way you like it. Served with red skin potatoes, steamed broccoli and garlic bread.

### Grilled Tilapia Hollandaise

Tilapia lightly seasoned, grilled to perfection and topped with rich hollandaise. Served with seasoned red skin potatoes, steamed broccoli and garlic bread.

### NEW! \*Sirloin Steak Tips Dinner

Grilled, tender, sweet USDA Select sirloin tips grilled with onions and mushrooms. Served with mashed potatoes, buttered corn and garlic bread.

### Crispy Chicken Strips

All white meat chicken strips, breaded and crispy-fried. Served with mashed potatoes, steamed broccoli, garlic bread and honey mustard sauce.

### "Big" Country (or Chicken) Fried Steak

A giant 12-oz. fried beef steak smothered in country gravy. Served with mashed potatoes, steamed broccoli and garlic bread.

### NEW! Balsamic-Glazed Chicken

Grilled chicken topped with sautéed mushrooms, onions, diced tomatoes and balsamic glaze. Served with seasoned red skin potatoes, steamed broccoli and garlic bread.

### NEW! Thick-Cut Bone-In Ham Dinner

A 10-oz. hickory-smoked ham steak served with mashed potatoes, buttered corn, cinnamon apples and garlic bread.

### Mediterranean Lemon Chicken

Two seared chicken breasts marinated with rosemary, garlic and lemon. Served with seasoned red skin potatoes, steamed broccoli hollandaise and garlic bread.

## Senior Specials (55 & over)

### \*Rise 'N Shine

Two eggs, toast and hash browns served with your choice of two strips of bacon or two pork sausage links.

### NEW! \*Senior Two x Two x Two

Two buttermilk pancakes, two eggs and two crispy bacon strips or two pork sausage links.

### Senior Buttermilk Pancakes

A stack of three of our award-winning buttermilk pancakes.

### Senior Omelette

Made with a splash of buttermilk and wheat pancake batter for extra fluffiness and your choice of two ingredients. Served with two buttermilk pancakes.

### \*Senior Sampler

One egg, one buttermilk pancake, one strip of crispy bacon, one pork sausage link, one piece of ham and hash browns.

### Senior French Toast

Four triangles of French toast dusted with powdered sugar. Served with two crispy bacon strips or two pork sausage links.

### Senior Grilled Tilapia Hollandaise

Tilapia lightly seasoned, grilled to perfection and topped with rich hollandaise. Served with seasoned red skin potatoes, steamed broccoli and garlic bread.

### NEW! Senior Pot Roast

A smaller portion of our tender USDA Choice pot roast with caramelized onions in a rich beef gravy. Served with mashed potatoes, buttered corn and garlic bread.

### NEW! Senior Mediterranean Lemon Chicken

Rosemary, garlic and lemon marinated chicken breast seared to seal in flavor. Served with seasoned red skin potatoes, steamed broccoli hollandaise and garlic bread.

## Desserts

### Ice Cream Sundae

Vanilla ice cream smothered with hot fudge or your choice of fruit topping, plus whipped topping and a cherry.<sup>9</sup>

### Ice Cream

### Fruit Crepe

A fruit crepe crowned with vanilla ice cream and whipped topping. With cool strawberry topping or your choice of fruit compote.

### Crispy Banana Caramel Cheesecake

Creamy cheesecake layered with chunks of banana and caramel, quick-fried in a flaky pastry tortilla. Topped with caramel, cinnamon, bananas and whipped topping.  
*With a scoop of ice cream.*

Call in...



Carry out.

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IHOP For Me<sup>SM</sup>

Smarter everyday selections under 600 calories

Enjoy egg substitute and turkey bacon featured in many items below.

Calories / Carbohydrates / Fat / Saturated Fat / Protein / Sodium

**Fresh Fruit Bowl For Me**A light and refreshing bowl of seasonal fruit.  
110 / 23g / 0g / 0g / 3g / 10mg**Blueberry Harvest Grain 'N Nut<sup>®</sup> Combo For Me**Two Harvest Grain 'N Nut<sup>®</sup> pancakes loaded with blueberries and topped with sliced bananas. Served with scrambled egg substitute.

570 / 76g / 20g / 3.5g / 23g / 1090mg

**NEW! Whole Wheat French Toast Combo For Me**

Two slices of whole wheat French toast topped with sliced bananas. Served with scrambled egg substitute and two strips of turkey bacon.

470 / 51g / 14g / 3.5g / 39g / 970mg

**NEW! Two x Two x Two For Me**

Scrambled egg substitute, two strips of turkey bacon and two buttermilk pancakes.

400 / 38g / 16g / 2.5g / 29g / 1370mg

**NEW! Two-Egg Breakfast For Me**

Scrambled egg substitute, two strips of turkey bacon, whole wheat toast and fresh fruit.

380 / 40g / 11g / 2.5g / 28g / 820mg

**NEW! "Just Right" Omelettes**

Made with egg substitute and served with fresh fruit.

**Spinach, Mushroom & Tomato Omelette For Me**

With fresh spinach, mushrooms, onions and Swiss cheese.

Topped with diced tomatoes.  
350 / 24g / 14g / 6g / 32g / 510mg**Turkey Bacon Omelette For Me**

With Swiss cheese.

470 / 17g / 25g / 11g / 43g / 890mg

**Veggie Omelette For Me**

With mushrooms, green peppers, onions and oven-roasted tomatoes.

360 / 34g / 14g / 2.5g / 25g / 700mg

**Balsamic-Glazed Chicken For Me**

A grilled tender boneless chicken breast topped with sautéed mushrooms, onions, diced tomatoes and balsamic glaze. Served with a side of steamed broccoli and a fresh green salad with reduced-fat Italian dressing.

510 / 36g / 20g / 3g / 42g / 1770mg

**Simply Chicken Sandwich For Me**

A tender, grilled chicken breast on a toasted Romano-Parmesan bun with lettuce and fresh tomato. Served with a side of fresh fruit.

440 / 42g / 6g / 1.5g / 54g / 860mg

**Tilapia Hollandaise For Me**

Seasoned tilapia, grilled to perfection then topped with rich hollandaise. Served with steamed broccoli.

370 / 15g / 13g / 7g / 47g / 820mg

IHOP For Me<sup>SM</sup> Just For Kids 12 and under**Create-A-Face Pancake For Me**

A big buttermilk pancake with strawberry eyes, a whipped topping nose and a fresh banana smile. Served with a tube of strawberry yogurt to add your own special touch.

410 / 73g / 7g / 2.5g / 13g / 1340mg

**Baby Cakes For Me**

Scrambled egg substitute served with one turkey bacon strip and five silver dollar buttermilk pancakes.

330 / 39g / 11g / 3.5g / 17g / 1020mg

Sugar-free syrup available upon request.

**Jr. Scrambled Egg & Pancake For Me**

Scrambled egg substitute served with one buttermilk pancake.

170 / 19g / 6g / 1g / 11g / 540mg

**Jr. Fish For Me**

Tilapia lightly seasoned, grilled to perfection. Served with steamed broccoli.

120 / 6g / 2g / 1g / 20g / 180mg

**Jr. Fresh Fruit Dish For Me**

A refreshing dish of seasonal fruit.

70 / 14g / 0g / 0g / 2g / 5mg

**Please Note:** The nutritional information provided is approximate and offered as a guideline to our guests. Reported nutritional values are based on data collected through laboratory testing, the U.S. Department of Agriculture Handbook #8, our suppliers and Genesis R&D SQL Analysis Software (ESHA). Values obtained by testing foods using only laboratory methods may be different than the actual values for these items as served due to supplier differences, seasonal product differences, specification ranges, tolerances, variable preparation practices, recipe changes and ingredient substitutions. This menu is for informational purposes only. We encourage you to consult your doctor or dietitian if you have questions about your health or diet.

## Just For Kids 12 and under

**Rooty Jr.<sup>®</sup>**

One scrambled egg, one strip of bacon, one pork sausage link and one fruit-topped buttermilk pancake with whipped topping.

**Funny Face**

A big chocolate chip pancake dusted with powdered sugar and a whipped topping smile. Buttermilk version also available.

**Silver Five**

Five silver dollar-sized buttermilk pancakes with a scrambled egg and crispy bacon.

**French Toast**

Two triangles of French toast with two crispy bacon strips.

**Cheese Omelette**

Made with a splash of buttermilk and wheat pancake batter for extra fluffiness and filled with cheese. Served with two buttermilk pancakes.

**NEW!  Macaroni & Cheese**

Served with fresh fruit.

**Crispy Chicken Strips**

Served with fresh fruit.

**Cheeseburger**

Served with fresh fruit.

**Grilled Cheese Sandwich**

Served with fresh fruit.

**Kid's Drinks** (Unlimited refills on soft drinks)

Soft Drinks, Milk, Chocolate Milk, Hot Chocolate.

**Kid's Ice Cream Sundae**

Vanilla ice cream topped with your choice of cool strawberry topping or hot fudge plus whipped topping and a cherry.

## Beverages

Iced Tea  
Soft Drinks**Coffee**  
Regular or Decaf.**NEW! Iced Coffee**

Freshly-brewed and creamy sweet. Available in Mocha, Vanilla or Original.

Milk  
Chocolate Milk  
Hot Chocolate  
Hot Tea**Premium Orange Juice** (pure squeezed)**Other Juices Available:**  
Apple, Tomato or Grapefruit  
Regular Large Carafe

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